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HUOPALAHTI

LAITELISTA

FREEMOTION.

AEROBISET LAITTEET:

FREEMOTION i24 INCLINE TRAINER

<https://freemotionfitness.com/cardio-machine/i22-9-incline-trainer/>

FREEMOTION e24 TOTAL BODY ELLIPTICAL

<https://freemotionfitness.com/cardio-machine/e24-elliptical/>

FREEMOTION r24 RECUMBENT BIKE

<https://freemotionfitness.com/cardio-machine/r24-recumbent-bike/>

FREEMOTION b22.7 COACHBIKE™

<https://freemotionfitness.com/cardio-machine/coachbike/>

PILATES:

FREEMOTION ULTRA 1 PILATES REFORMER

<https://freemotionfitness.com/cardio-machine/ultra-1-reform-rx-s-2/>

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PAINOPAKKALAITTEET:

FREEMOTION GENESIS DS CHEST / SHOULDER

<https://freemotionfitness.com/strength-machine/chest-shoulder/>

FREEMOTION GENESIS DS LAT PULLDOWN / HIGH ROW

<https://freemotionfitness.com/strength-machine/lat-pulldown-high-row/>

FREEMOTION EPIC SELECTORIZED LEG EXTENSION

<https://freemotionfitness.com/strength-machine/leg-extension/>

FREEMOTION EPIC SELECTORIZED LEG CURL

<https://freemotionfitness.com/strength-machine/leg-curl/>

FREEMOTION EPIC SELECTORIZED HIP ADDUCTION / ABDUCTION

<https://freemotionfitness.com/strength-machine/hip-adduction-abduction/>

FREEMOTION EPIC SELECTORIZED SHOULDER PRESS

<https://freemotionfitness.com/strength-machine/shoulder-press/>

FREEMOTION EPIC SELECTORIZED SEATED ROW

<https://freemotionfitness.com/strength-machine/seated-row/>

FREEMOTION EPIC SELECTORIZED ABDOMINAL CRUNCH

<https://freemotionfitness.com/strength-machine/abdominal-crunch/>

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VIPUVARSILAITTEET:

FREEMOTION EPIC PLATE LOADED CHEST PRESS

<https://freemotionfitness.com/strength-machine/chest-press/>

FREEMOTION EPIC PLATE LOADED SHOULDER PRESS

<https://freemotionfitness.com/strength-machine/shoulder-press/>

FREEMOTION EPIC PLATE LOADED LAT PULL DOWN

<https://freemotionfitness.com/strength-machine/lat-pull-down/>

FREEMOTION EPIC PLATE LOADED LOW ROW

<https://freemotionfitness.com/strength-machine/low-row/>

FREEMOTION EPIC PLATE LOADED BELT SQUAT

<https://freemotionfitness.com/strength-machine/belt-squat/>

FREEMOTION EPIC PLATE LOADED SQUAT

<https://freemotionfitness.com/strength-machine/plate-loaded-squat/>

FREEMOTION EPIC PLATE LOADED LEG PRESS

<https://freemotionfitness.com/strength-machine/plate-loaded-leg-press/>

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TALJAT, RÄKIT JA MUUT:

FREEMOTION GENESIS DUAL CABLE CROSS

<https://freemotionfitness.com/strength-machine/dual-cable-cross/>

FREEMOTION SMITH MACHINE

<https://freemotionfitness.com/strength-machine/smith-machine/>

FREEMOTION SQUAT RACK

<https://freemotionfitness.com/strength-machine/olympic-squat-rack/>

FREEMOTION PRO HALF RACK

<https://freemotionfitness.com/strength-machine/pro-half-rack/>

FREEMOTION Adjustable Bench

<https://freemotionfitness.com/strength-machine/adjustable-bench-ef203/>

FREEMOTION PREACHER CURL

<https://freemotionfitness.com/strength-machine/preacher-curl/>

FREEMOTION BACK EXTENSION

<https://freemotionfitness.com/strength-machine/45-back-extension/>

FREEMOTION ABDOMINAL BENCH

<https://freemotionfitness.com/strength-machine/abdominal-bench/>

FREEMOTION OLYMPIC FLAT BENCH

<https://freemotionfitness.com/strength-machine/olympic-flat-bench/>

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